

Who Says the Perfect Mother's Day Gift Has to Be Material? Give Mom *Good Health, Fitness and Friendship* with FREE Stroller Strides Classes May 10-16!



Looking to round out your Mother's Day Gift Guide with a more meaningful present? Let your readers know that in honor of Pregnancy Awareness Month and moms and moms-to-be everywhere, [Stroller Strides](#) will be offering both its traditional postnatal exercise classes and new prenatal [Fit4Baby](#) classes *absolutely free* at its more than 800 locations across the country, May 10-16!

That's right – whether you're sporting a baby bump in the Big Apple or raising little ones in the City of Angels, you're welcome to join complimentary total body workout classes from the country's largest and fastest-growing franchise of its kind. A truly priceless gift for a new or expectant mom, the classes are not only a fun and effective way to get fit, but also inspire lasting and supportive friendships.

For the free class pass, visit www.pregnancyawarenessmonth.com and click on the Stroller Strides/Fit4Baby banner to print the coupon. *Good for first-time clients only.*

To find a Stroller Strides/Fit4Baby location near you, please click [here](#) or visit www.strollerstrides.com.

For more information on Stroller Strides/Fit4Baby or to acquire images, editorial media may contact Jordan at On the Horizon Communications at (805)773-1000 or jordan@thepressroom.com.